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## Supply List- **Plein Air, Travel Workshops**

These items are **suggested, not mandatory**. Please don't be intimidated by this list or feel you need to go buy a whole bunch of new things. If you already have other supplies you like to use, feel free to bring those. All you really need to bring are the basics- paper/canvas, paints, brushes and a palette/something to mix on.

### **For Watercolor:**

- **Watercolor Paper**- Paper quality does make a big difference in watercolor. If there is one place not to cut corners it's on paper. Some of the cheaper papers just don't absorb the paint the way the better papers do, so using better paper will give you better results and will be easier to work with. **140lb cold press - Arches brand** is preferable. Avoid Strathmore pads if at all possible. I find the blocks are easiest for painting on location. The Arches 12 x 16 block is the largest I'd use on location, but 10 x 14 or 9 x 12 are perfect for travel and the smaller size is good, especially if you are a beginner. For a workshop, it's great to use **the 9 x 12 block** and do lots of smaller paintings, rather than larger ones. If you prefer to use loose sheets and have a board to attach them to, then that is fine too. In addition to the block for your paintings, bring along some scrap watercolor paper for exercises, value sketches and other quick studies we may do.
- **Palette** – any plastic palette suitable for watercolors (w/cover) [John Pike or Robert Wood are great options]- if you're just starting out- a simple white non-porous plate or inexpensive palette is okay- just **make sure it is large enough to give you room to mix paints. There are lots of small travel palettes. Again just make sure you have mixing area.**
- **Paints** – Here are some suggested colors (Winsor-Newton, Holbein, Daniel Smith brands are all good, but other brands are fine unless noted). Artist's quality paints will get you much better results than student grade- but either will work. Again, these are just suggestions there's nothing you absolutely have to have. Also, if just starting out, it's fine to buy the smaller size tubes to keep the cost down. At an absolute minimum you'll need a red, yellow, blue and burnt sienna, and thalo or winsor green but if you can get a broader range of paints, these are very useful colors to have:
  - Lemon Yellow or Aureolin
  - New Gamboge or Indian Yellow\*
  - Cadmium Orange
  - Winsor or Cadmium Red
  - Raw Sienna or Yellow Ochre\* or Quinacridone Gold
  - Burnt Sienna\* or Quinacridone Burnt Orange
  - Burnt Umber\* or Sepia
  - Permanent Rose or Quinacridone Red\* or Alizarin Crimson
  - Sap Green
  - Winsor or Thalo Green\*(preferable to viridian or hookers green)
  - Cerulean Blue
  - Ultramarine Blue\*

- Cobalt Blue\*

\*Indicates *suggested* minimum palette (a red, blue, yellow, burnt sienna and thalo green)

### Miscellaneous Tools

- 2 **plastic containers** for water
- **#2 Pencil, sharpener, eraser**
- **Sketchbook** (anything to draw quick sketches on) (8x 10 or 5 x 7 size okay- don't need to get anything too large- will use for thumbnail sketches), some scrap watercolor paper- approx 8 x 10 for value sketches, exercises we may do
- **Brushes** – round (size 6, 10 or 12), flat (a ½” flat is very useful, 1” or 2” for washes), rigger Synthetics or blends are fine. No need to spend extra for sable. **A HAKE brush is very useful for skies**- A 1” inexpensive one would be helpful- they are often with the Chinese brush painting supplies in the art supply store.
- Kosher salt (if possible, a few teaspoons in a zip loc bag or old prescription bottle-great for old stone textures)
- Masking tape
- Tissues
- A cut up credit card
- Anything else you use often in your techniques and can't be without (we all have our favorite gadgets)
- Markers for value sketches. Bring one sharpie- black and one grey ( mid value) along with the white of our paper we can make a 3 value –value sketch

### **For oil painters/ acrylics**

- Bring your usual paints- may want to use more of a limited palette (red, blue, yellow & white) to keep the weight down, but also keep in mind we if will be painting flowers anywhere you might want some more intense colors like permanent rose and cad orange that you can't mix as well from the limited palette.
- I use canvas panels on location, more lightweight, less bulky to pack and carry around than stretched canvas. I personally like gessoboard, but if you've never used it, it can be slippery so try it out beforehand. Also Saurcetek and Wind River have some nice canvas on lightweight foam core panels. Centurion(available thru Jerry's Artarama on line, are a less expensive option but good quality linen o panel. Do not get “cradled” version (too heavy for travel), get the flat board.
- I use Raymar wet panel carriers to transport wet canvases home. Sometimes people pack using waxed paper between canvases.<http://www.raymarart.com/Wet-Painting-Carriers-Wet-Panel-Carriers-s/21.htm>
- Bring a variety of your favorite brushes- different sizes- flats, filberts
- A portable easel rather than stool if you like to stand up and paint.
- Your portable easel may have a palette already, if not, I use a plexiglass palette (as opposed to the glass one in my studio). I don't personally like the disposable grey paper palettes but if you don't mind using them, they are easy to clean up. I have an Open Box M small palette box with tripod, which is pretty compact. Be careful with French easels, which are often cumbersome, heavy and hard to set up.
- If you like to use a medium most can't be transported, but Gamblin just introduced solvent free gel medium for oils, which can be transported. We will have to get mineral spirits or solvent locally since that can't be brought on the plane or checked in baggage.

- Baby wipes, small dawn dishwashing, master brush cleaner or whatever you usually clean brushes with.

### **General for all mediums:**

Since we will be painting on location there are a number of other things, which you might consider bringing along:

- Camera (with extra memory discs, battery charger (remember converter/adapter for European currency and other accessories)
- Bug Spray
- Sunscreen
- Bottle to carry water for painting (although you can pick up a bottled water there and re-use that after you finish drinking it)
- A hat
- Small plastic garbage bag to keep painting area tidy.

-If you have an ipad/iphone, please bring it along with charger (your phones and laptops will be Ok for 220V, but you will need a plug adapter for the local electrical system). You may want to load the app NOTAN for a small fee. I use this on location and it is very useful. If you don't have an ipad, don't feel it is necessary, but if you have one you can see how it can be a useful tool for art.

- For watercolor, you can sit rather than bring an easel. I find a small folding stool and a block that you can put on your lap work pretty well. You may want small folding stool that you can pack in your suitcase (If you don't have one, there are some excellent options available thru Judson's Plein Air 1-866-POCHADE or [www.judsonspleinair.com](http://www.judsonspleinair.com) (I have the Roll A Chair- 3133 and really like it- it has good back support and is really lightweight)
- For oils, acrylics, you can bring a lightweight easel.

Despite all this, try to think **minimal** and not have too much to carry around- it gets heavy (maybe someday I will follow my own advice). Take a bag you can carry all your supplies in as we go to different locations.

In terms of the plane- pack anything that could be viewed as a knife (even palette knives) inside your packed luggage. I pack my paint tubes inside Ziploc bags inside a Tupperware type container in my suitcase and note that they are artist's supplies- non-flammable/hazardous in case someone checking my bag isn't familiar with artist paints. If you have some absolute favorite brushes, you may want to take them in your carry on just in case-I do- I'd hate to have to rebuild my collection of brushes if my luggage got lost.

**To be safe: Please go to this site and print off the information that says: The following products are not classified in accordance with IATA Dangerous Goods Regulations; therefore they fall outside the scope of the regulations and are considered *safe* for transport by air: and lists the artists materials you are transporting. Call them artists materials or watercolors, not "Paints"**

<http://www.winsornewton.com/na/discover/tips-and-techniques/other-tips-and-techniques/travelling-by-plane-with-winsor-newton-us>

Feel free to contact me before you buy supplies if you have any questions. (404-531-4160 or [patfiorello@aol.com](mailto:patfiorello@aol.com))

***Look forward to painting with you soon! Pat***

P.S. I have some tips on traveling with paints on my blog:

This link is for watercolor tips:

[http://patfiorello.blogspot.com/2011/05/painting-on-location-what-to-bring-for\\_03.html](http://patfiorello.blogspot.com/2011/05/painting-on-location-what-to-bring-for_03.html)

This link is for oils

<http://patfiorello.blogspot.com/2011/05/painting-on-location-what-to-bring-for.html>