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## Supply List- **Plein Air, Travel Workshops**

These items are **suggested, not mandatory**.

If you already have other supplies you like to use, feel free to bring those. All you really need to bring are the basics- paper, paints, brushes, a palette/something to mix on and cups for water.

- **Watercolor Paper**- Paper quality does make a big difference in watercolor. If there is one place not to cut corners it's on paper. Some of the cheaper papers just don't absorb the paint the way the better papers do, so using better paper will give you better results and will be easier to work with. **140lb cold press - Arches brand** is preferable. Avoid Strathmore pads if at all possible. I find the blocks are easiest for painting on location. I suggest Arches 12 x 16 or 10 x 14 or 9 x 12 (smaller size is good, especially if you are a beginner). For a workshop it's great to use the 9 x 12 and do lots of smaller paintings, rather than larger ones. If you prefer to use loose sheets and have a board to attach them to, then that is fine too. In addition to the block for your paintings, bring along some scrap watercolor paper for exercises and other quick studies we may do.
- **Palette** – any plastic palette suitable for watercolors (w/cover) [John Pike or Robert Wood are great options]- if you're just starting out- a simple white china plate or inexpensive palette is okay- just make sure it is large enough to give you room to mix paints.
- **Paints** – Here are some suggested colors (Winsor-Newton, Holbein, Daniel Smith or Sennelier brands preferable, but other brands fine unless noted). Artist's quality paints will get you much better results than student grade- but either will work. Again these are just suggestions there's nothing you absolutely have to have. Also, if just starting out, it's fine to buy the smaller size tubes to keep the cost down. At an absolute minimum you'll need a red, yellow, blue and burnt sienna, and thalo or winsor green but if you can get a broader range of paints, these are very useful colors to have:
  - Lemon Yellow or Aureolin
  - New Gamboge or Indian Yellow\*
  - Cadmium Orange
  - Winsor or Cadmium Red
  - Raw Sienna or Yellow Ochre\* or Quinacridone Gold
  - Burnt Sienna\* or Quinacridone Burnt Orange
  - Burnt Umber\* or Sepia
  - Permanent Rose or Quinacridone Red\* or Alizarin Crimson
  - Sap Green
  - Winsor or Thalo Green\*(preferable to viridian or hookers green)
  - Winsor or Thalo Blue or Prussian Blue
  - Cerulean Blue
  - Ultramarine Blue\*
  - Cobalt Blue\*
  - Winsor or Dioxazine Violet

\*Indicates *suggested* minimum palette( a red, blue, yellow, burnt sienna and thalo green)

## Miscellaneous Tools

- 2 **plastic containers** for water
- **#2 Pencil, sharpener, eraser**
- **Sketchbook** (anything to draw quick sketches on)( 8x 10 or 5 x 7 size okay- don't need to get anything too large- will use for thumbnail sketches), some scrap watercolor paper- approx 8 x 10 for value sketches, exercises we may do
- **Brushes** – round (size 6, 10 or 12), flat (½” is very useful, 1”or 2” for washes), rigger Synthetics or blends are fine. No need to spend extra for sable. **A HAKE brush is very useful for skies-** A 1” inexpensive one would be helpful- they are often with the Chinese brush painting supplies in the art supply store. Also if you have a brush called a striper, that can be fun for palms, foliage etc...
- Natural sponge
- Kosher salt ( if possible a few teaspoons in a zip loc bag or old prescription bottle-great for old stone textures found in Europe)
- Masking tape
- Tissues/Paper towels( or you can buy once we get there if you don't want to pack bulky items)
- A cut up credit card
- Anything else you use often in your techniques and can't be without (we all have our favorite gadgets)

Since we will be painting on location there are a number of other things, which you might consider bringing along:

-Camera (with film or extra memory discs, battery charger (remember converter/adapter for European currency and other accessories)

-Bug Spray

-Sunscreen

-Bottle to carry water for painting (although you can pick up a bottled water there and re-use that after you finish drinking it)

-A hat

-A small folding stool that you can pack in your suitcase (If you don't have one, there are some excellent options available thru Judson's Plein Air 1-866-POCHADE or [www.judsonspleinair.com](http://www.judsonspleinair.com) Stools are on page 58-59 of the current catalog. ( I have the Roll A Chair- 3133 and really like it- it has good back support and is really lightweight)

-You can bring a lightweight easel if you have one and like to use it, but often they are cumbersome to travel with. I find a small folding stool and a block that you can put on your lap work pretty well.

Despite all this, try to think **minimal** and not have too much to carry around- it gets heavy (maybe someday I will follow my own advice). Take a bag you can carry all your supplies in.

In terms of the plane- pack anything that could be viewed as a knife( even palette knives) inside your packed luggage. I pack my paint tubes inside Ziploc bags inside a Tupperware type container in my suitcase and note that they are artists supplies- non-flammable/hazardous in case someone checking my bag isn't familiar with watercolor paints. If you have some absolute favorite brushes, you may want to take them in your carry on just in case-I do- I'd hate to have to rebuild my collection of brushes if my luggage got lost.

Feel free to contact me before you buy supplies if you are new to watercolor or have any questions. (404-531-4160 or [patfiorello@aol.com](mailto:patfiorello@aol.com))