## "ART WASHES AWAY FROM THE SOUL THE DUST OF EVERYDAY LIFE." -PABLO PICASSO



In today's busy world, we are bombarded with demands on our time and energy. It's easy to come home exhausted, depleted and disconnected. Art can elevate you above the fray of everyday life. You don't have to create artfor it to have this effect. Just being in a room where you're surrounded with beauty, can lift your mood, shift your attitude, and ultimately elevate your experience of life in the moment. Art has you take a pause and be present to something greater and more timeless than the momentary circumstances of life. It lifts you up, yet, paradoxically, has you feel more grounded, at home and at peace.

Research studies have shown that looking at something beautiful pulls us out of ourselves and our daily stressors. You experience being present in the moment. You transcend the everyday noise of life.

Imagine a life where beauty, love and inspiration are with you every day. Where you wake up each morning surrounded by what inspires and uplifts you. Where you return home each evening to a constant reminder of beauty which elevates you above the day's challenges and gives you a sense of being restored and renewed. This is what I can bring to you with an original work of art.

For nearly 20 years, I've worked as a professional artist, I've been leading a life of passion and purpose. I create paintings and sell them worldwide, teach adults to paint, and lead painting trips all over the world. I've led 17 painting trips to Italy, France, Spain and New Zealand. We travel to beautiful places and paint on location. I've also authored a book, "Bella Italia, Italy through the Eyes of an Artist". As an artist, part of my role is to open your eyes to the beauty around you to elevate your experience of life.

I often create commissioned paintings for clients, perhaps capturing a favorite travel destination, home or other place with good memories. A specialty of mine is painting flowers and I have created many "Forever Bouquet Paintings", custom paintings inspired by a brides bouquet as a meaningful keepsake of her wedding day. These are often given as a special wedding or anniversary gift by the parents of the bride or by the groom.

Art opened my eyes to beauty and through that I learned Beauty has the power to restore us. Beauty awakens your sense of awe. It adds a richness to the quality of your life. You become energized and inspired. This is what I hope to bring to you in my work as an artist. Through art, I can elevate not only my life, but yours too, through presencing beauty and lifting you above the everyday fray of life.

I'm clear that my mission is to create and share beauty, love and inspiration. This focus has me feel energized and alive. I strive to put that energetic life force and passion into each of my paintings and convey that, so you feel uplifted too.

I've also learned that whatever you focus on expands. So, if you're focusing on negative things, you're going to have more of that. If you focus on beauty, you're going to experience more of that. So why not choose beauty? Choose what makes you feel energized and alive!

Let me help you find that sense of being restored by adding an uplifting piece of art to your life. I can help you select the perfect painting or create a commissioned piece of art, either for you or as a gift that is personally meaningful for someone you love. Ifyou live in the Atlanta area, we can set up a private studio visit to see which paintings might speak to you or if you live elsewhere, we can set up a design call. Simply email me at patfiorello@aol.com. Let's get started!

Pat Fiorello, Fine Artist

To see more of my artwork, see my online gallery at: www.dailypaintworks.com/Artists/pat-fiorello-2105

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